

- Do not bleach / whiten your teeth while your lips are healing (about **2 weeks**).
- Avoid underwater swimming for a minimum of **4 weeks**.
- Do not expose the lips to direct sunlight or tanning beds for **4 weeks**. This is new skin and will sunburn easily and direct sun prematurely may also cause scarring and alter pigment colour.

LIPS MAY BE DRY FOR 3 TO 6 MONTHS
DEPENDING ON THE BODY'S REACTION.

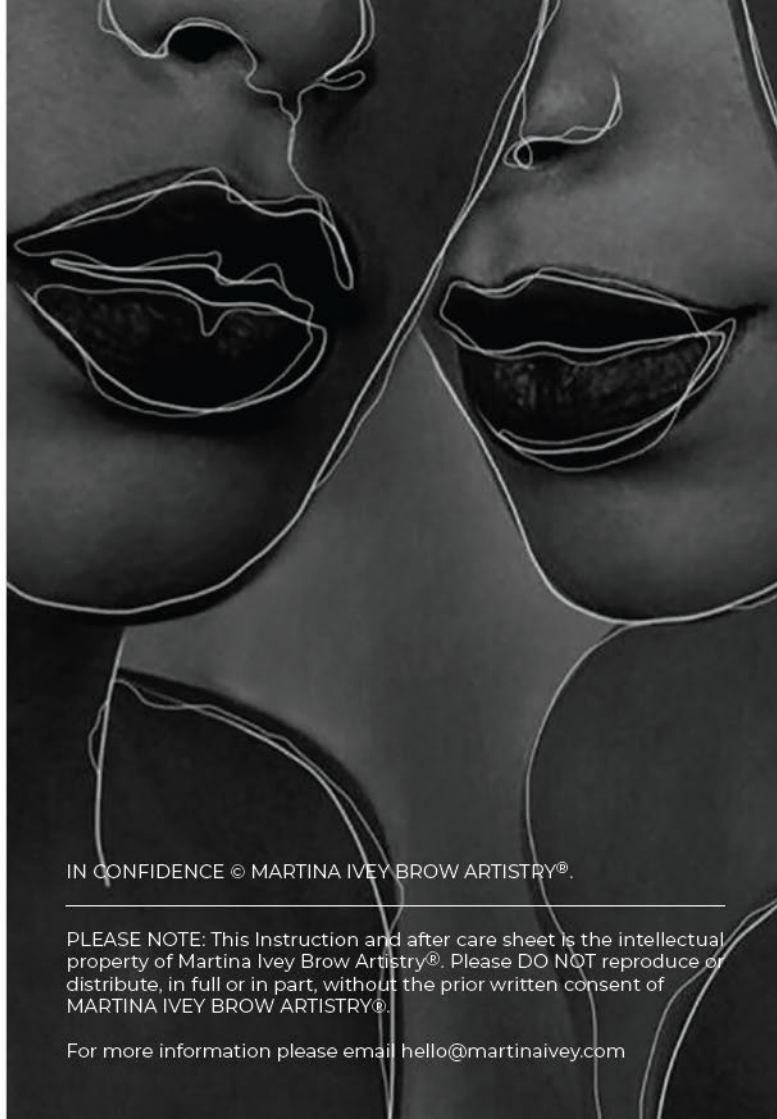
Please be patient. This is a 2 step process with a healing time of approximately **6 weeks**. The perfecting session will correct gaps, colour, depth, fullness and balance.

PERFECTING SESSION

This is usually scheduled **6 weeks** after the initial appointment.

YOU CANNOT DONATE BLOOD FOR 3 MONTHS
FOLLOWING ANY COSMETIC TATTOO PROCEDURE

ml



IN CONFIDENCE © MARTINA IVEY BROW ARTISTRY®

PLEASE NOTE: This Instruction and after care sheet is the intellectual property of Martina Ivey Brow Artistry®. Please DO NOT reproduce or distribute, in full or in part, without the prior written consent of MARTINA IVEY BROW ARTISTRY®.

For more information please email hello@martinaivey.com

COSMETIC LIP TATTOO

AFTERCARE INSTRUCTIONS

Martina Ivey
BROW ARTISTRY

WHAT TO EXPECT IMMEDIATELY AFTERWARDS

- Immediately following the procedure your lips may feel dry, chapped, tight and tender to the touch.
- Please wipe your lips using a damp cotton pad **4 times over the next 4 hours** and reapply your aftercare ointment.
- Don't be alarmed if your tattoo weeps clear fluid for the first 24-48 hours just wipe this off using a damp cotton pad and reapply aftercare ointment to avoid crusting.
- Do not allow lips to become dry. This may interfere with healed colour. During the day if lips feel dry, apply a light layer of ointment. Make sure to dab/press onto skin, do not rub it in. This should be done for at least **10 days** post treatment.
- If you are prone to cold sores and feel a tingle after your Lip Tattoo procedure please commence an oral cold sore treatment immediately.

ml

FIRST 5-10 DAYS

- Your tattoo will continue to darken over the first 24 hours, this is completely normal and temporary.
- Scabbing may make the lips feel thick. Lips will fade up to **60%** after the first **5 days**. While healing, the tattoo will look patchy. This is due to skin regeneration and healing.
- Swelling is common in the first 24 hours. You may apply an ice pack (which must be protected with a wet barrier film of paper towelling, towel or cloth) for 10-minute intervals for the first 48 hours. Ice may be applied every hour or so, if desired.
- If bruising has occurred it can last approximately **1-2 days**.
- Itching is a normal part of the healing process.
- Avoid water on the new pigmented areas as much as possible, for the first **5 days**. When showering, washing face, etc. have ointment on the pigmented area to protect lips from water and cover with cling film. Do not stand in front of shower head when showering.

ml

- DO NOT stretch the lips. Avoid biting into large sandwiches, etc. Cut food into tiny bites. Avoid hot spicy or salty foods for **5 days**.
- Avoid moisture to the lips such as hot soups and hot coffee. Drink everything through a straw until lips completely peel.
- While eating, do not constantly wipe your lips with a napkin or keep licking your lips as this will impede the healing process.
- **DO NOT PICK** dry healing tissue or you WILL remove the pigment colour!
- Do not get makeup or skin care on or near tattoo for **5 days**.
- No smoking while lips are healing (**10 days minimum**).
- No kissing, rubbing or friction on your newly tattooed lips until after **10 days** or you may lose pigment.
- You may wear lipstick, lip gloss, after **10 days**, make sure the tube of lip product is new.
- Before brushing your teeth, seal lips with ointment first. No whitening toothpaste (during the healing process).

ml