



**INSTRUCTION SHEET FOR PATIENTS  
BROWS  
POST PROCEDURE CARE ALL TREATMENTS – INSTRUCTIONS AND INFORMATION**

*A SLIGHT SWELLING AND REDNESS MAY BE VISIBLE AFTER YOUR PROCEDURE, IF VERY SENSITIVE YOU MAY APPLY AN ICE PACK FOR A FEW MINUTES. THERE IS NO AFTER PAIN, ONLY TENDERNESS.*

- 3-4 hours after your procedure you must cleanse the treated area ONCE with sterile or boiled water at room temperature with gauze/cotton ball or cotton pads. Squeeze the excess water from gauze/cotton and wipe away all of ointment and fluids.
- After 5 days you may apply a thin smear of cream provided on a cotton tip 1x DAY.
- Please DO NOT touch the site with your fingers to avoid infection and DO NOT under any circumstance pick any scabs or dry areas of colour. Let any scabbing or dry skin naturally exfoliate off. Picking can cause pigment loss and scarring.
- Avoid any important social plans and strenuous activity for a few days after treatment and DO NOT go swimming and avoid heavy sweating for at least 10 days.
- DO NOT wear make-up over the brow area for at least 10 DAYS following treatment as this may affect the tattoo pigment holding in the skin. Wearing make up on your face (not your brows) is ok you must just be super careful removing it- I recommend using a make-up wipe and being mindful of staying clear of brow area.
- DO NOT use shampoo or cleanser or paw paw cream near on the brow area.
- **You cannot get the brow area wet for 10 DAYS-** this includes in the shower, some clients choose to wash their hair on the day of procedure and use dry shampoo for the week. After 10 days use a gentle cleanser to clean them. No scrubbing.
- DO NOT have laser, peels, facial treatments until tattoo site has finished healing. In the future If you have these treatments make sure you steer clear of brow area. Do not use Vitamin A or active skincare near brow area, this will cause premature fading- if you choose to continue using these just be aware that your new brows will fade A LOT quicker.
- Colours will appear darker in the next few days then soften up to 40% thereafter. Please rebook your perfection visit for 6-8 weeks time. Martina will advise you on the perfect time for you and your individual skin type.